

Dates for our upcoming 3-summer Integrated formation program for persons discerning a call to become a spiritual director:

- June 9-23, 2021
- June 16-29, 2022
- 2023 Date to be determined



There are two prerequisites for admission to this program:

1. Be presently in spiritual direction.
2. Have experienced at least and eight-day directed Ignatian retreat. Candidates must make the full Spiritual Exercises before the second summer of the program.

Continuing discernment of a candidate's call to be a spiritual director will take place over the time of formation. The final discernment is made by the Lanteri Center.

Each applicant will be asked to fill out an application form and submit two letters of recommendation, as well as be interviewed before acceptance into the program.

To Register and for further Information:

Contact Kay Davis at:

Lanteri Center for Ignatian Spirituality
416 22nd Street
Denver, Colorado 80205
303-298-1498

Email: kaydavis1212@yahoo.com, or
lantericenter@omvusa.org

Website: www.omvusa.org/lanteri-center

Summer 2021

Year One Tuition: \$1350

Room and Board: \$1190

Other required courses (if needed): *Introduction to Theology* (online): \$80.00

Each candidate is responsible for compensating their supervisor, as well as arranging their transportation to and from Denver.

Students will live and study at the historic Mother Cabrini Shrine, located on Lookout Mountain, just west of Denver. There are lots of nearby recreational areas to discover and explore when not in class.

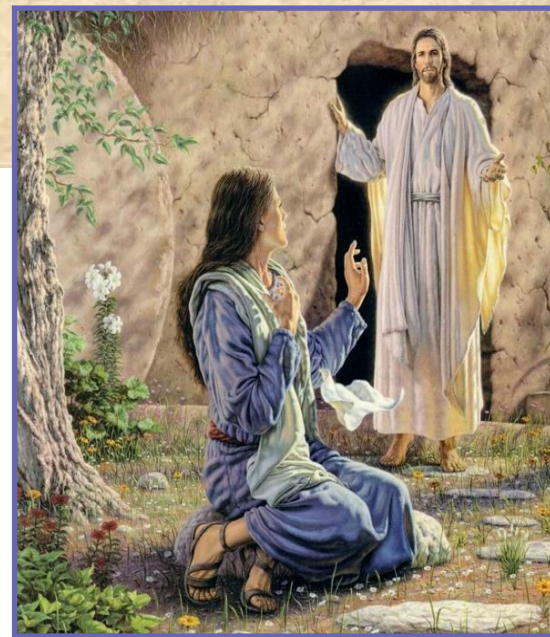
Please visit their website:

<http://www.mothercabrinishrine.org/>

The Lanteri Center for Ignatian Spirituality Denver, Colorado

Formation
Program for
Spiritual directors
and
Directors of the
Spiritual Exercises of
St. Ignatius of Loyola

Summer Residential Program



A work of the Oblates of the Virgin Mary,
St. Ignatius Province

A Three Summer Program of Formation for Spiritual Directors



First Summer

The first summer session covers the initial phase of our present formation program. It equips the candidate with the necessary tools to begin a spiritual journey with a fellow Chris-

tian. These tools will aid the one accompanied to learn to pray with the Word of God, to become increasingly aware of the different spiritual movements in his/her life as disciples of Jesus, to mature in the call to holiness, and to grow more interiorly free and responsive to the Lord's call.

Topics include:

- Compassionate Listening and Qualities of a Helping Relationship
- Feedback, Transference, Movements and Counter-Movements
- Feelings and Images of God and Self
- Exploring the Prayerer's Personal History, Review of Prayer and Journaling
- Consolation/Desolation, Dealing with Obstacles, Temptations and Dryness
- Stages of Life and Stages in Spiritual Growth
- Relationship between Psychology and Spiritual Direction, Personality and Prayer
- Theological Foundations of Spiritual Direction

- Discerning God's Will and Discernment of Spirits
- Conscience Examen and Particular Examen
- Code of Ethics and Referrals

Following the first summer session, a candidate begins to journey with others in spiritual direction, and meets regularly with a supervisor to discuss his/her experience. The candidate will also be advised by our Lanteri Center staff.

Second Summer

This session comprises a review of the first summer's material in light of the student's experience of spiritual direction in the preceding months, and is meant to help the students integrate what they experienced as a spiritual director. We then instruct on the major themes of the Spiritual Exercises, including:

- St. Ignatius of Loyola: Person and History
- Principle and Foundation
- The First Week Exercises
- Rules for Discernment of Spirits
- The Second Week and Contemplation
- The Call of the King and Two Standards
- Discerning God's Will
- Third and Fourth Week Exercises
- Contemplation to Attain Divine Love
- Rules for Thinking with the Church

Third Summer

After the second summer session, the candidate would lead someone in the 19th Annotation Exercises (from approximately September to May). This is done under supervision and followed by an academic advisor from the Lanteri Center. In view of having led someone in the Spiritual Exercises, we review the student's experience directing the Exercises, review pertinent Ignatian themes and spirituality, as well as cover further material for the ministry of spiritual direction.



The following additional topics will also be taught:

- Spirituality of Work and the Sabbath
- History of Christian Spirituality and Prayer
- Spiritual Direction with those impacted by addiction and trauma
- Spiritual Direction with those who are suffering and in grief
- Human Sexuality and Prayer—Masculine and Feminine Spirituality
- Guilt, Shame and Scrupulosity
- Forgiveness
- Spiritual Direction in the Second Half of Life