

The Lanteri Center for Ignatian Spirituality in Denver, Colorado, will host its next three-summer, integrative formation program for persons discerning a call to become a spiritual director in June 2023. Tentative dates: June 13-27, 2023.



There are two prerequisites for admission to this program:

- 1] Be presently in spiritual direction.
- 2] Have experienced at least an eight-day directed Ignatian Retreat. Candidates should make the full Spiritual Exercises before the second summer of the program.

Continuing discernment of a candidate's call to be a spiritual director would take place over the full year of formation. The final discernment would be made by the Lanteri Center for Ignatian Spirituality

Each applicant will be asked to fill out an application form and submit two letters of recommendation, as well as be interviewed before acceptance into the program.

For more information, contact:

**The Lanteri Center for  
Ignatian Spirituality**

416 22<sup>nd</sup> St.

Denver, CO 80205

Phone: 303-503-6325

[lantericenter@omvusa.org](mailto:lantericenter@omvusa.org)

#### Tentative Fees

*Summer 2023 Tuition: \$1400*

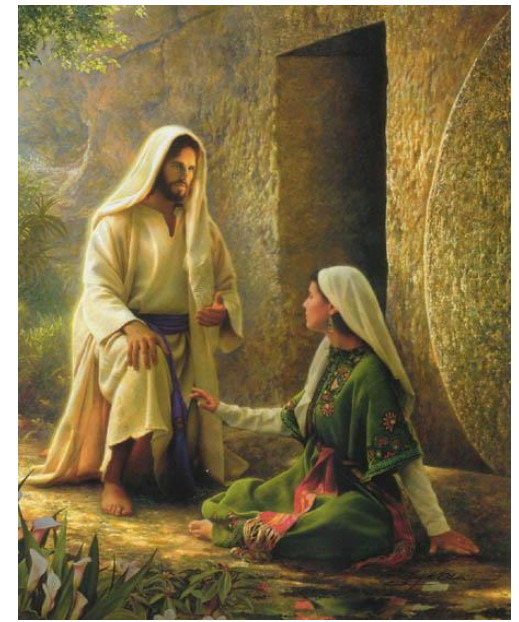
*Room and Board: \$1300*

Other required courses (if needed): *Introduction to Theology (online): \$100.00*

In addition: each candidate is responsible for compensating his/her supervisor, as well as arranging transportation to and from our Denver program venue.

We are currently in the process of finalizing our new venue for the Summer of 2023 where our program will take place. We hope to announce our new home soon!

## Formation Program for Spiritual Directors and Directors of the Spiritual Exercises of St. Ignatius of Loyola

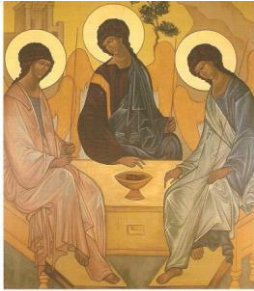


**THE LANTERI CENTER FOR  
IGNATIAN SPIRITUALITY**

*Denver, Colorado*

*A Work of the Oblates of the Virgin Mary,  
Saint Ignatius Province*

## First Summer



The first summer session will cover the initial phase of our present formation program. It will equip the candidate (spiritual director in formation) with the necessary tools to begin a spiritual journey with a fellow Christian. These tools

will aid the one accompanied (the directee) to learn to pray with the Word of God, to become increasingly aware of the different spiritual movements in his/her life as disciples of Jesus, to mature in the call to holiness, and to grow more interiorly free and responsive to the Lord's call. Topics studied include:

- Compassionate Listening and Qualities of a Helping Relationship.
- Feedback, Transference, Movements and Counter-Movements.
- Feelings and Images of God and Self.
- Exploring the Directee's Personal History, Review of Prayer and Journaling.
- Consolation/Desolation, Dealing with Obstacles, Temptations and Dryness.
- Stages of Life and Stages in Spiritual Growth.
- Relationship between Psychology and Spiritual Direction, Personality and Prayer.
- Theological Foundations of Spiritual Direction
- Discerning God's Will and Discernment of Spirits
- Conscience Examen and Particular Examen
- Code of Ethics and Referrals

Following the first summer session, a candidate should begin to journey with 2 to 3 directees in spiritual direction between September and May, meeting with each directee once a month. While doing this, the candidate will be required to attend supervision with a trained spiritual director supervisor for seven sessions. The candidate will be responsible for contacting the supervisor and discussing compensation. The candidate will also be followed through the months by an "academic advisor" from the Lanteri Center.

## Second Summer

This session comprises a review of the first summer's material in light of the student's experience of spiritual direction in the intervening months and is meant to help the students integrate what they experienced as a spiritual director. We then instruct on the following themes of the Spiritual Exercises and how to give them:

- St. Ignatius of Loyola, Person and History
- Annotations 1 through 22
- Principle and Foundation
- The First Week Exercises
- Rules for Discernment of Spirits
- The Second Week and Contemplation
- The Call of the King and Two Standards
- Discerning God's Will and Making an Election
- Third and Fourth Week Exercises
- Contemplation to Attain Divine Love
- Rules for Thinking with the Church
- Ignatian Spirituality

After the second summer session, the candidate would lead someone in the 19th Annotation Exercises (from approximately September to May). This would, again, be done under supervision and followed by an academic advisor from the Lanteri Center.

## Third Summer

In view of having led someone in the Spiritual Exercises, during the third summer session we review the student's experience directing the Exercises, review pertinent Ignatian themes and theology, as well as cover further material for the ministry of spiritual direction and guiding the Spiritual Exercises.

The following additional subjects will be covered:

- History of Christian Spirituality
- Human Sexuality and Prayer— Masculine and Feminine Spirituality
- Guilt, Shame and Scrupulosity
- Forgiveness
- Suffering, Grief and Loss
- Direction with the Addicted and Traumatized
- Spiritual Direction in the Second Half of Life
- Spirituality of Work
- Spirituality of the Sabbath



St. Ignatius of Loyola