

TWENTY-THIRD SUNDAY SEPT. 5, 2021

#### **CHAPEL STAFF:**

Fr. Isaac Abu, OMV Fr. James Doran, OMV Fr. Michael Warren, OMV

#### **Sundays:**

Fr. James Walther, OMV Fr. Sean Morris, OMV

**Pastoral Associate:** Isabelle Maria, CFP, CKA

Music Director: Michael Enwright Music: Saul Garcia, Cesar Garcia, Christina Roberts

**Cleaning of Chapel Environment**: Nubia Viasus

# The Pope's Prayer Intention for September:

We pray that we all will make courageous choices for a simple and environmentally sustainable lifestyle, rejoicing in our young people who are resolutely committed to this.



Cover Art:

#### SCHEDULE

<u>Sunday Masses:</u> Saturday Vigil 4:00PM, 5:30 PM, (en español)

**Sun.** 8 AM, 9:15AM, 10:30AM, 11:45AM, 1:15 PM (en español), 4:00PM, 5:30PM

<u>Weekday Masses:</u> Mon.—Fri. 8:00AM, 12:05PM, 4:45PM Saturday 9:00AM, 12PM

<u>Confessions:</u> Mon.—Fri. 11:15 -11:50AM, 12:45-4:15PM Saturday 9:30 - 11:45 AM, 12:45-3:30PM

Devotions: Tuesday after Mass: Our Lady Wednesday after Mass: St. Joseph Thursday after Mass: St. Jude

Exposition of the Blessed Sacrament: Mon.—Fri. 8:30-11:50AM, 12:30-4:30PM; Sat. 9:30-11:30AM, 12:30-3:30PM; Sunday 2:30-3:30PM

<u>Gift Shop Hours:</u> Monday—Friday 10:00AM - 5:30PM; Saturday 9:30AM - 6:30PM\*; Sunday 8:45AM - 6:30PM\* (\*Closed during Sun. and Sat. Vigil Masses)

#### **CONTACT US**

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*Ephphatha!* Stained Glass at Washington National Cathedral, Washington D.C. Photo by Fr. Lawrence Lew, O.P.

### Reflection

Many prayers remain but groans.

In this Sunday's Gospel, Jesus groans in the spirit as He commands the ears of a man to be opened and his tongue to be loosed. This groaning comes from the depth of Jesus as He vanquishes the evil that has kept this poor man from the fullness of communication with God and with others. At the heart of this healing is not simply the proper use of mouth and ears but restoration to communion with the man's fellows and with God.

Prayer always begins within the deepest parts of our being. It is too reductionist to think of prayer as simply the ones we memorize. Prayer begins with the thoughts and feelings that are hidden within us: Concerns about life and loved ones; questions about how certain things in our lives will turn out. So much of what happens within us remains just vague feelings or swirling thoughts because we keep them on the level of groaning and fail to bring them to the level of communication. Those deep thoughts and feelings of ours need to be articulated in prayer in order for God's grace to touch the deepest parts of our hearts. The man in the Gospel was unable to communicate his thoughts and feelings to God and unable to hear God's Word that brings life. The groaning of Jesus reflects His desire that this afflicted man's groaning would become speech not unarticulated thoughts or troubled feelings. Through prayerful listening and reverential speech, this man is able to experience a deeper communion with God.

There is an important three-step process that we can utilize in our prayer life. We have to be aware of what is happening within us, our thoughts and feelings. We have to understand why we have these thoughts and feelings, what they tell us about ourselves and our situation and our relationship with God. Finally, we have to take action. We must articulate to God what we have come to understand. Tell the Lord about these thoughts and feelings and open our ears and hearts to receive His Word in response. Through this spiritual exercise we move from spiritual groaning to spiritual speech, or prayer.

Jesus very much wants us to have our hearts opened.

# Life at the Chapel



# Fall 2021 Project Rachel Post-Abortion Healing Retreats

# September 25, October 16 & November 20

"Project Rachel led me to a place of forgiveness and mercy. During the retreat, I realized the lasting impact of forgiveness. I knew God had forgiven me, and now I needed to forgive myself." – A Project Rachel retreat participant.

The Project Rachel ministry of the Archdiocese of Boston extends a special invitation to women suffering from the pain of a past abortion to attend a "Come to the Waters of Healing" one-day retreat. Fall dates are September 25, October 16 and November 20 from 9 AM to 5 PM. Locations are confidential. Limited to ten participants per retreat. For more information, contact Project Rachel at 508.651.3100 or help@projectrachelboston.com.

**The Side Section of the Chapel** is now designated for those who wear masks. Wearing a mask in the two front sections of the Chapel is optional but the side section is reserved for those who wear masks until further notice. Thank you for observing these protocols.

Labor Day Schedule:

Masses at 9 AM and Noon with Confessions in between. The Chapel will close for the day after the Noon Mass.

#### **MASS INTENTIONS THIS WEEK**

#### <u>Sunday, Sept. 5</u>

8:00 AM London & Logan Rose—health 9:15 AM +Thomas Dowd 10:30 AM +Edward J. Duffy 11:45 AM +Mercedes L. Ibanan 1:15 PM +Korina Bacerra 4:00 PM +Thomas Dowd 5:30 PM The Holy Souls

#### <u>Monday, Sept. 6</u>

**9:00 AM** James Paul Murphy—final perseverance **12:00 PM** +Mary Mullaney

#### <u>Tuesday, Sept. 7</u>

8:00 AM For Teachers, esp. at St. Theresa's and Cathedral High School 12:05 PM +Margaret "Peg" Schmidt 4:45 PM Janice Bell

#### Wednesday, Sept. 8

8:00 AM +Kathleen Hayes Murphy 12:05 PM Harrison Grandchamps 4:45 PM Thanksgiving

#### Thursday, Sept. 9

8:00 AM +Brian Connolly 12:05 PM +Janice Ann Sullivan 4:45 PM +Ali Mansouri

#### Friday, Sept. 10

8:00 AM Samuel & Augustus Lim, Benjamin & Oscar Ooi 12:05 PM +Angie DiMinico 4:45 PM Ary-lex Auguste & Theresa

#### Saturday, Sept. 11

9:00 AM Souls in Purgatory 12:00 PM +Patrick Maunsell

4:00 PM +Bartleey Maher 5:30 PM Edga Henao

## **Prayer Before Mass**



by Ven. Bruno Lanteri

My God, I offer you this holy sacrifice to proclaim, honor and glorify your infinite greatness, and in recognition of the supreme dominion which, as the first principle and last end, you have above all created things. I give you this homage for all those who still do not know you or do not want to recognize you.

I offer this too in thanksgiving for the benefits that I and all the world have received and will receive from your infinite goodness; in satisfaction for my sins and those of the whole world; to implore the graces that are necessary for my eternal salvation and for all mankind. Oh, my God, I offer to you the merits of Jesus Christ; grant me at this Holy Mass a profound adoration of him.

My God, my Creator, I implore you to grant me the grace of final perseverance. I know by faith that I do not deserve it, nor can I deserve it, but your Divine Son deserves it for me with all his virtues and with all the wounds he shows you in his Most Holy Body, on behalf of my wounded love. Amen.

# Year of the Eucharist Missionaries!

The Archdiocese of Boston continues with the Year of the Eucharist until the Feast of Corpus Christi, June 19, 2022. We are looking for those faithful who are called by the Lord to become missionaries for the Eucharist at St. Francis Chapel.

# What is a Year of the Eucharist Missionary?

It is someone who believes in the True Presence of the Body, Blood, Soul, and Divinity of Jesus Christ in the Eucharist and will dedicate him/herself to pray more, to participate in, and to promote the Holy Sacrament of the Eucharist.

### Who can be a Year of the Eucharist Missionary?

We welcome anyone who is currently, or has been, a patron of the Chapel, whether living in Boston, or visiting, to join us as a Missionary, deepening your own love of the Eucharist, and praying for this Eucharistic Year to bear fruit in the whole Church. We want to invite others to a greater faith in the Eucharist, with adoration, and even to return to Holy Mass.

#### What does a Year of the Eucharist Missionary do?

Prayer, Participation, Promotion, Mission

- 1. **PRAYER** Commit to praying an additional 1% each day. That's 15 minutes. This can be done at home, in front of the Blessed Sacrament, by going to Mass, or reading Scripture, etc.
- Families and/or youth under 12 promise to say at least 3 prayers a day, such as the morning offering, grace before meals and a bed-time prayer.
- Consider committing to one holy hour per week (or two 30 minute sessions, for example)
- Participate in days of recollection/retreats and invite others to do the same.

- 2. **PARTICIPATION** Commit to helping with and attending Year of the Eucharist events at your parish, school, shrine, campus ministry, or ecclesial community.
- Consider ways to help homebound missionaries participate, such as picking them up to attend an event and/or having them assist with an administrative task.
- 3. **PROMOTION** Commit to witnessing to the power of the Eucharist in your life. You can do this a few different ways: give a witness talk at the end of Mass, on a video, or at a faith formation gathering; write something for the bulletin; make a picture to hang up at home, at church, or at school; spread the word about the Year of the Eucharist events.

#### 4. MISSION - Sharing our Eucharistic Faith

- Invite others to participate in adoration or to come to Mass. At the Chapel this could even be combined with going to lunch in the mall or walking to the Boston Public Gardens or Commons.
- Utilize your particular gifts and talents to promote the Blessed Sacrament and the Holy Mass. Examples of gifts and talents are knowledge of social media, video recording, organization, writing, singing, etc. Whatever talents that can benefit the mission to promote the Eucharist.
- Bring our Pilgrimage Icon to your home and invite others to pray with you and host an Agape Dinner. This is a dinner hosted by you that involves prayer, feasting and fellowship.

Missionaries may meet occasionally to share missionary stories, have fellowship with each other, brainstorm together. Prayer materials and other supplies will be provided by the Chapel. The Year of the Eucharist in the Archdiocese of Boston concludes with the Eucharistic Congress in July 2022.

To enroll or learn more, please contact our pastoral associate, Isabelle, at sfc.pru@gmail.com.