



Rosaries from Flowers

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"Jesus Wept." John 11:35

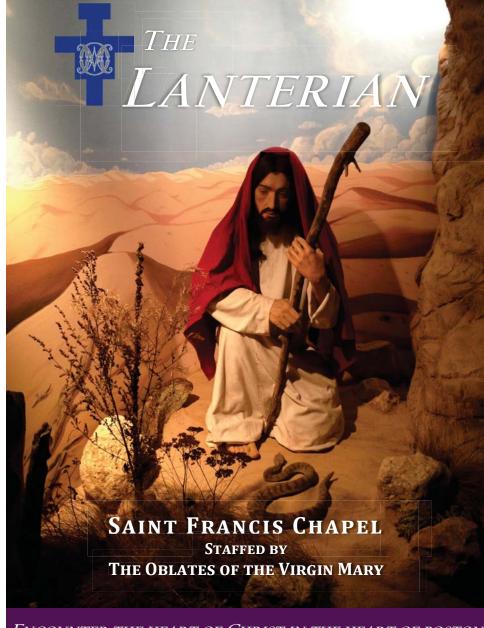


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ENCOUNTER THE HEART OF CHRIST IN THE HEART OF BOSTON

FEBRUARY 18, 2024 First Sunday of Lent

CHAPEL STAFF:

Fr. Isaac Abu. OMV Fr. Victor Nwabueze. OMV Fr. Michael Warren, OMV Fr. John Wykes, OMV

Sundays:

Fr. James Walther, OMV Fr. Sean Morris, OMV

Music: Saul Garcia, Cesar Garcia, Stacey Ngozi, Celine Wynn

Cleaning of Chapel Environment: Nubia Viasus

The Pope's Prayer Intention for February

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.



SCHEDULE

Sunday Masses:

Saturday Vigil 4:00PM, 5:30 PM, (en español)

Sun. 8 AM, 9:15AM, 10:30AM, 11:45AM, 1:15 PM (en español), 4:00PM, 5:30PM

Weekday Masses:

Mon.—Fri. 8:00AM, 12:05PM, 4:45PM Saturday 9:00AM, 12PM

Confessions:

Mon.—Fri. 8:30 -11:50AM, 12:30-4:40PM Saturday 9:30 - 11:45 AM, 12:30-3:30PM

Devotions:

Tuesday after Mass: Our Lady Wednesday after Mass: St. Joseph Thursday after Mass: St. Jude

Exposition of the Blessed Sacrament: Mon.—Fri. 8:30-11:50AM, 12:30-4:30PM: **Sat.** 9:30-11:30AM, 12:30-3:30PM; **Sunday** 2:30-3:30PM

Gift Shop Hours:

Monday—Friday 10:00AM - 4:30PM*; **Saturday** 9:30AM - 6:00PM*; Sunday 8:45AM - 6:00PM* (*Closed during Masses)

CONTACT US

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SFChapel



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Cover Art: Jesus Tempted in the Desert. Francesca Ferrito. Wikipedia



Reflection by Fr. Michael Warren, OMV

Jesus is like us in all things but sin. Fully God but also fully man, Jesus faced the temptation at the beginning of his ministry. What was the nature of these temptations and what might we learn from them in our own struggle against the tempter?

There is one major difference between the temptations of Jesus and ours. All of the temptations Jesus faced in His life were from without. Jesus did not experience any internal temptations. He had no concupiscence. The devil shows Jesus the kingdoms and riches of the world and offers them to Him should He worship the devil. Jesus sees all of the power and glory on display and knows it is being offered to Him, but He did not feel within Himself any draw to them. We are affected by original sin and suffer from concupiscence, so we experience temptation not just from without but from within; we feel the draw to sinful things.

At its base all temptation is about setting God aside. Temptations suggest to us that God is not that important; that our personal satisfaction is more important than God or His plan for us. Jesus cannot set God aside as He Himself is God the Son. An important practice for us is to keep God at the center of the small, every-day things in our lives, so as to be prepared to keep Him at the center when the very large matters arise.

We might also observe how Jesus handled the temptations (as described in the Gospel of Matthew) He received in the desert. Every temptation of the devil was answered by Jesus with the Word of God in the Scriptures. We answer temptation not by entering into dialogue with it but with Scripture. Do you suffer a particular type of temptation? Find a Scripture quote that empowers you against it and memorize it. The more energy we utilize in memorizing inspirational Scripture quotes, the more we gain our freedom from temptations.

Finally, Jesus was full of the Holy Spirit when He entered into the desert to be tempted. We need to call on the Holy Spirit much more than we do. Here is an example of one short prayer we can use for this purpose: Holy Spirit, tell me what to do, when to do it, and how to do it. Amen. 6

The Litany of Humility

O Jesus! meek and humble of heart, Hear me.

From the desire of being esteemed, Deliver me, Jesus.

From the desire of being loved, Deliver me, Jesus.

From the desire of being extolled, Deliver me, Jesus.

From the desire of being honored, Deliver me, Jesus.

From the desire of being praised, Deliver me, Jesus.

From the desire of being preferred to others, Deliver me, Jesus.

From the desire of being consulted, Deliver me, Jesus.

From the desire of being approved, Deliver me, Jesus.

From the fear of being humiliated, Deliver me, Jesus.

From the fear of being despised, Deliver me, Jesus.

From the fear of suffering rebukes, Deliver me, Jesus.

From the fear of being calumniated, Deliver me, Jesus.

From the fear of being forgotten, Deliver me, Jesus.

From the fear of being ridiculed, Deliver me, Jesus.

From the fear of being wronged, Deliver me, Jesus.

From the fear of being suspected, Deliver me, Jesus.

That others may be loved more than I, Jesus, grant me the grace to desire it.

That others may be esteemed more than I, Jesus, grant me the grace to desire it.

That, in the opinion of the world, others may increase and I may decrease, Jesus, grant me the grace to desire it.

That others may be chosen and I set aside, Jesus, grant me the grace to desire it.

That others may be praised and I unnoticed, Jesus, grant me the grace to desire it.

That others may be preferred to me in everything, Jesus, grant me the grace to desire it.

That others may become holier than I, provided that I may become as holy as I should, Jesus, grant me the grace to desire it. Amen

MASS INTENTIONS THIS WEEK

Sunday, Feb. 18

8:00 AM +Catherine Rodriguez 9:15 AM Souls in Purgatory 10:30 AM +Robert Stevenson 11:45 AM J. Frederick Bush—80th birth-

1:15 PM +Romelia, +Alejandro, +Sergio Norena

4:00 PM Souls in Purgatory

5:30 PM + Maureen Beglev Zlodv. + Mav Curry Begley & +James P. Begley

Monday, Feb. 19

8:00 AM Fra Nicola Tegoni—intentions 12:05 PM +Russ Dunn 4:45 PM +Allison Marie Kane

Tuesday, Feb. 20

8:00 AM +Francisco & +Belisario Lopez 12:05 PM +Dr. Raphael Ceron & +Rev. Fergus Healey 4:45 PM James & Dymphna Kane

Wednesday, Feb. 21

8:00 AM In honor of St. Raphael 12:05 PM + Michael & + Peggy Gavin 4:45 PM +Ronald Eidell

Thursday, Feb. 22

8:00 AM Souls in Purgatory 12:05 PM + Michael DeSesa 4:45 PM + Joseph Timilty

Friday, Feb. 23

8:00 AM Vincente Pinto & Family 12:05 PM Irene Pinto 4:45 PM +Jean Zarrella

Saturday, Feb. 24

9:00 AM +Florence & +Joseph DiMaina 12:00 PM +Robert Reiling 4:00 PM +Yujiao 5:30 PM Gretty & +Theodoro Leal

Prayer Before Mass



My God, I offer you this holy sacrifice to proclaim, honor and glorify your infinite greatness, and in recognition of the supreme dominion which, as the first principle and last end, you have above all created things. I give you this homage for all those who still do not know you or do not want to recognize you.

I offer this too in thanksgiving for the benefits that I and all the world have received and will receive from your infinite goodness; in satisfaction for my sins and those of the whole world; to implore the graces that are necessary for my eternal salvation and for all mankind. Oh, my God, I offer to you the merits of Jesus Christ; grant me at this Holy Mass a profound adoration of him.

My God, my Creator, I implore you to grant me the grace of final perseverance. I know by faith that I do not deserve it, nor can I deserve it, but your Divine Son deserves it for me with all his virtues and with all the wounds he shows you in his Most Holy Body, on behalf of my wounded love. Amen.



Project Rachel Post-Abortion Healing Retreats (March 23, May 11)

Are you – or someone you know – seeking peace after an abortion? The Project Rachel ministry of the Archdiocese of Boston extends a special invitation to women experiencing regret from a past abortion to attend a Come to the Waters of Healing one-day retreat. Spring dates are Saturday, March 23 and Saturday, May 11. Locations are confidential. For more information on the retreats or other services, contact Project Rachel at 508.651.3100 or

help@projectrachelboston.com.

Seeking Peace after Abortion?



Project Rachel Retreats offer hope, healing and peace with God.

Spring 2024 Dates:

March 23, 2024

May 11, 2024

June date TBA

Call 508-651-3100 for details. Locations are *confidential*. "The Project Rachel retreat gave me hope. I now know that I can once again be active in my faith."

"The retreat was an experience I will take with me for the rest of my life. I received back the grace of God within me and felt a true sense of peace and self-forgiveness."



If you are burdened by the spiritual and emotional pain of a past abortion, contact Project Rachel for more information about attending a retreat or getting a referral to a specially trained priest for sacramental Reconciliation. All services are free and confidential. 508-651-3100 or help@projectrachelboston.com

Sponsored by the Project Rachel Ministry of the Archdiocese of Boston



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